



Creative Collage Workshop

Team building, mindfulness and creative flow for corporate clients
using the medium of collage

With Sorcha O'Higgins, collage artist

Creative Collage Workshop

Who: Sorcha O'Higgins, a friendly and fun collage artist, and your staff

What: A few hours leafing through magazines, selecting nice images, carefully cutting or joyfully ripping them out, arranging them, scrapping it and starting again, sticking down the one you like, then taking your own artwork (and maybe even a new hobby) home at the end of the day.

Why: Because in an increasingly rapid and digitalised world, it is rare that we slow down and get back to making and doing.

Where: At your office, co-working space or rented venue

When: Whenever suits you and your team, be it weekdays, evenings or weekends.



Creative Collage Workshop

What's included: Collage materials - magazines, paper, glue, scissors. Each person will take their own artwork home at the end of the workshop

Set-up requirements: Projector, speaker, large table and chairs for each person in attendance

Benefits: Meditative practice of choosing, cutting, composing and curating your own collages. Relaxing and informal collaborative and collective activity with co-workers

Group size: Min. 10, max. 30 people

Price: Available on request

Duration: 2/3hrs depending on workshop type (mindfulness/creative flow **or** team building). Each workshop is tailored to the client's needs

Ideal for: Team building, mindfulness practice, community event, creative thinking and flow, digital disconnection and analogue art practice

Mindfulness/creative flow workshop format:

- Introductory presentation about collage - history, techniques, tips
- Select and cut images from magazines
- Arrange and complete personal artwork
- Round up, presentation and discussion of artworks

Team building workshop format:

- Introductory session that includes presentation about collage (history, techniques, tips), discussion about what team members will get out of the workshop, run through of how workshop will be structured for team building and how this can be applied later in the office, introduction of workshop theme
- Group broken into pairs, with each person selecting images around a certain theme
- Partners swap images and discuss selection of images around theme
- Each person creates a collage using their partner's chosen images
- Presentation of each artwork and discussion about what each team member learned about their partner

About the artist



Sorcha O'Higgins is a freelance collage artist and writer. She has a background in architecture, and studied in Dublin and London before moving to Buenos Aires, Argentina. Here, she developed a passion for leading and educating groups as a street art tour guide. She runs collage workshops, creates editorial artwork and does private commissions.

Work



Previous clients include:

graffitimundo



UNIVERSITY of LIMERICK
OILScoil LUIMNIGH

Google



SAUL School of Architecture

Segment

Participant testimonials:

"I genuinely found it really meditative and mindful."

Chiara

"Had great fun! Would definitely repeat. Thank you for the chilled out time."

Mariana

"Thanks @collegedublin for a great collage making workshop this afternoon!!! Also thanks to the wonderful @sorchaoh_collage for teaching these methods. Here's to more collage."

Eimear

Get in touch!

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